

HOMEOWNERS' ASSOCIATION Rockwood TIMES



**SAVE THE DATE
MAY 26, 2021**

**FOR THE 2ND
ZOOM
AGM**

The RHA will be Zooming on May 26, 2021 at 7:00 p.m., and we hope you will join us!

The highlight of this year's meeting will be the unveiling of the revised plan for Rathburn Road and Ponytrail Drive. Prior to the meeting, the plans will be posted on our website at rockwoodvillage.ca and you are invited to send us your questions or comments for Councillor Fonseca and the planning team to RHA.executive@gmail.com

Councillor Fonseca will also welcome questions on other issues. Please send them to us or to chris.fonseca@mississauga.ca

In order to receive an invitation to the meeting, you must be on our email list. Simply go to rockwoodvillage.ca/join-us and join. Only those who subscribe to our email list will receive an invitation.

The Agenda for the meeting, along with any meeting materials, will also be posted on our website.

To access the meeting, the free ZOOM app can be downloaded for IOS from the App store or Google Play for android devices.

If you need assistance in accessing ZOOM, drop us a note, and we will do our best to walk you through the process. RW

Join us now at rockwoodvillage.ca/join-us

Here Comes Summer!!



All 3D renders shown are for illustration purposes. Textures and finishes may differ from renders.



Garnett Woods Park Splashpad - ON
Version C - 36210

The much-anticipated spray pad for Garnettwood Park, shown in this rendering, will soon be a reality. Construction is expected to begin this spring. It will be located west of the parking lot on Rathburn Rd. E., and will feature seating areas and umbrella tables.

A HUGE THANK YOU TO MISSISSAUGA!

2021 Spring Food Drive Results

The Mississauga Food Bank's 2021 Spring Food Drive, sponsored by **Scotts Canada**, exceeded their financial goal and raised over \$237,000 and brought in over 133,000 pounds of food to fight hunger in Mississauga.



KEEPING IN TOUCH

Over the past few months, our email subscribers have welcomed our updates on how and where to get vaccines. While our newsletter is delivered to your doorstep quarterly, we send important bulletins via email to the community as they arise.

Why not subscribe to our email list to ensure that important community information is sent to you. We won't pester you with junk mail; you'll just receive information that should be important to every member of the community. It's easy to get on the list: rockwoodvillage.ca/join-us

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Richard Schwarz • Director

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Who Speaks for Rockwood Village? *Apparently, the Mississauga Bicycle Club...*

In 2018, the City adopted a Master Cycling Plan. There was consultation. The City had some sample plans prepared and made them available, at locations within the community, to show interested stakeholders and get feedback. The two key words here are stakeholders and feedback.

The City fulfilled its duty by quietly introducing its plan to the community before voting to adopt it as part of the official plan. There was no delivery of material to our doors, no signboards, no discussion with the RHA, and therefore, no cause for concern.

There was no push back, and until last year, the majority of Rockwood had no knowledge of the **Cycling Master Plan** or of the impact it would have on our community. As evidenced in our Survey, (rockwoodvillage.ca/survey-results---rathburnponytrail) Rockwood residents don't seem to be enthusiastic cyclists, and those who are, prefer to cycle on our existing abundant trails. While the residents of an impacted area would logically be the stakeholders, in this case, it was the Mississauga Bicycle Club. At no time between 2018 and 2020 was any information provided that would lead to the surprise that Rockwood was about to become the **Cycling Capital of Ontario**.

Meanwhile, during this time, we were asked to wait a few years to clean up the mess on Rathburn, and the City would make some major renovations, using our feedback, along Rathburn and Ponytrail. Still no mention that they were holding off to implement an entirely different plan. A plan that would ensure that all our major streets and green space, and some residential backyards, were to be laid at the feet of the Mississauga Bicycle Club. This same plan includes Trail #11 that runs from Dundas north to Audubon, along the hydro corridor. There was no consultation with residents who live along the corridor, and no plan provided as to where the trail would be laid. The issue of community engagement is not

a matter of holding a meeting, putting up a few picture boards and going back to City Hall and rubber stamping their own proposal. Where is the proof that other theories were considered? And from whom was the information gathered? Is the feedback really being measured and

The City, as a first step in consultation, should be reaching out to the community that is being immediately impacted.

considered, or is it an exercise that leads to a preconceived conclusion?

The Gulleden survey may have been a knee jerk reaction to another community engagement gone awry: destruction of the Chic Murray rink. The City is now looking to appease residents by throwing out a bone about potentially constructing an artificial rink at Gulleden. The questions to Ward 3 residents perhaps should have been:

- 1) Do you want a new artificial rink to replace the Chic Murray? and
- 2) Where do you think it should be built?

Requesting Rockwood residents to fill out a survey about an ice rink at Gulleden Park may be misdirected. The Golden Rule about doing unto others surely applies. Do we want the residents in Gulleden making decisions as to what happens in our parks? Hopefully, the City, as a first step in consultation, has reached out to the community that is being immediately impacted. Once that community agrees, then ask the rest of Ward 3 for their opinions.

As the City moves forward with the Rathburn/Ponytrail Proposal (aka Mississauga Cycling Plan), at the RHA insistence, there will be a host of possible venues for you to have your say. Please see the article in this newsletter and visit our website for more details. **RW**
rockwoodvillage.ca

Revised Plan in the Works



A revised plan for Rathburn and Ponytrail is in the works. However, at the time of publication, the details are scant. One thing we know will be presented is a revised plan for Rathburn Rd. E. from Ponytrail to the dead end. It is not the plan that the community wants, but a modified version of what the City wants. And the City wants bicycle lanes.

In light of several projects moving forward with little or no community engagement, this project is scheduled to have many opportunities for the community to engage. The first community engagement will be with the RHA Board on May 17, 2021, at which time the revised plan will be presented. The plans will then be posted, hopefully by May 20th, on the front page of our website: rockwoodvillage.ca for the community to review.

On May 26, mobile signage will be posted in the neighbourhood notifying residents to review the plans and access a survey on a City website for this project. This survey will not open to the public until June 2 and will close on June 9. On this same day, the RHA will hold its AGM. The City planners will present the revised proposal at this meeting. Prior to the meeting, those who plan to attend can access the plan on the RHA website, and send their questions or comments for the Councillor or the planners to us at rha.executive@gmail.com. Sending us your questions in advance is the best way to ensure your question is acknowledged.

A mailer will also be sent to every household with details on accessing the website and replying to the City's survey. Please note that the website requires that you enter a user name (your name), your postal code, and an email address. If you have trouble accessing the website, please send us a note and we will try to assist you. The other option will be to send the survey back to the City by mail.

The RHA has been working hard to ensure that the City allows the community ample opportunity to engage when a program will have significant impact on our way of life and our neighbourhood. Councillor Fonseca has exceeded expectations with the roll out of this plan; now, it is up to the community to step up and speak up. *RW*

Sign up to our email list to ensure your invitation to the AGM and other RHA updates! rockwoodvillage.ca/join-us

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Getting the *Most* Out of Your Walks

Paul Correale

With not much to do but walk for recreation, there are steps you can take to get the most out of your daily walk. Since the recent lockdown, more and more Rockwood residents, my wife and I included, have been taking to the sidewalks and local trails for some well deserved (and needed) exercise and recreation. The benefits of walking are numerous! It will improve how efficient your lungs and heart work together, while still being a great low impact exercise that requires no extra equipment. It can be done by individuals of all ages, and it may benefit those who are experiencing back pain by loosening up tight muscles and keeping intervertebral discs aligned.

Now, how can you step up your walking game? Make the walking as inefficient as possible! When we introduce our bodies to inefficient exercise, we tend to "burn up" a lot of calories. This is what happens when we are first introduced to new activities or exercise. When the activity becomes efficient, due to constant practice, then the body "gets smart" and performs the activity as efficiently as possible, and therefore does not cost the body any extra caloric expenditure.



When it comes to walking, the best way to make it inefficient, is to use either light hand weights, ankle weights or even a backpack with some type of load. If choosing the backpack (commonly referred to as "rucking") option, please ensure that the backpack is loaded properly and the heaviest part of the load is positioned atop the lumbar spine portion of your back (the lower back area). In terms of how long your walk should be, well that depends. If you are new to using any

type of load while walking, start off slowly and add time or distance once you feel you are able to. If you are not using a load, you can simply add more time to your walk or select a path that has more hills or inclines.

Walking can also promote fat loss if combined with some type of caloric restriction. If you are fortunate enough to have some fitness equipment at home, that can be used for resistance training (such as hand weights, barbells, resistance bands or kettle bells), a brisk walk immediately after your training session, will help to use up the extra fatty acids that your body released during the resistance training.

With the weather taking a turn for the better and more restrictions looming, take advantage of the easiest, most accessible exercise around! If possible, invite friends to join you, in this safe and effective activity. Remember, the best "workout" is the one that: you enjoy, can actually do, have the tools to do, and will keep doing! Stay safe. *RW*



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On behalf of the Peel District School Board, I wish you and your families good health in these difficult times.
Stay Home. Stay Safe.

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Kate's Beef Bourguignon.

Ingredients.

- ¼ cup of all purpose flour.
- 1 tsp of salt - ½ tsp of black pepper.
- 2lb of cubed beef.
- 4 tbsp of salted butter.
- 1 large onion - 2 carrots, sliced.
- 1 clove of minced garlic.
- 2 cups of red wine, *please have a glass too!*
- 1 bay leaf - 1 tsp of dried parsley - 1 tsp of dried thyme.
- 8 ounces of fresh sliced mushrooms.

- Mix the first 4 ingredients in a bowl.
 - In a large skillet or frying pan melt the butter on a medium heat and add the beef. Brown well.
 - Transfer to a slow cooker.
 - Return frying pan to the heat add the onions, mushrooms, garlic, and carrots. Sauté for 5 minutes. Add the wine and the herbs. sauté for another 2 minutes.
 - Add to the meat.
 - Cook on high for 4 hours. Taste and adjust seasonings.
- Enjoy with fresh crusty bread and a glass of wine.
Eat hearty.*

Kate's
Kitchen

MAY is for Membership - Sign up prior to May 15th to be eligible for a special draw!

May is an important month for the RHA. Not only is it the month we hold our Annual General Meeting, it is also the time of year we reach out to our membership for another "m" word, *money*.

Everyone receiving this newsletter, by virtue of the fact you live in Rockwood Village, is eligible to become a member of the RHA. Sadly, only a small fraction of our population affirms their membership by paying their annual dues. The \$10 membership is only a token that you support our efforts on your behalf. By becoming a member, you acknowledge the efforts of your residents association and those who volunteer their time to work, on your behalf, to keep Rockwood the most desirable neighbourhood in East Mississauga.

Becoming a new member or renewing your membership is easy. Simply send us your e-transfer to RHA.executive@gmail.com and include your name in the message. If you do not use e-banking, send us a note at this same email address and we will advise you of a delivery address, or make arrangements for the fee to be picked up from you.

Many of our members also sign up for regular e-blasts - emails sent to our membership to keep all informed of important issues that arise between newsletters. During the pandemic, we have been sending regular updates to subscribers as to how and where to get vaccines. The response has been very positive and appreciated. We also send out information as to community meetings, airport advisories, surveys on City projects, and invitations to our AGM. We do our best to limit the number of messages and only send out what we believe to be of importance. As allowing us to send you an email requires your consent, you need to subscribe to our email list. This, too, is easy. Go to rockwoodvillage.ca/join-us.html

Please note that sending us your membership does not automatically add you to our email list. You must join on our website at the link noted. We also post information on Twitter, Facebook and our own website: rockwoodvillage.ca

We hope to see everyone renew their membership this year, but we particularly want to reach out to those who have not joined us. The support of the whole community will keep the RHA thriving. Your RHA is committed to working with the City, the Region and the Province to ensure that Rockwood enjoys the benefits and services that a premier community deserves. RW

If you have already sent us your 2021 membership fee, in December 2020 or this year we thank you! If you have not, please do so prior to May 15th to be eligible for a special draw to be made at our AGM.

For more information on membership go to:
rockwoodvillage.ca/membership

Are YOU interested in helping out YOUR Community?

We are looking for residents who are interested in joining the RHA as Board Members. No experience required, just an interest in ensuring that Rockwood remains the BEST neighbourhood in Mississauga.

All members of the Board commit to one meeting per month, currently via ZOOM. This is an opportunity to put your ideas into action. Ideally, you will be interested in community engagement, local road construction, airport issues, pedestrian safety, transit, parks, or anything else that crops up in the neighbourhood. You can devote a little time or a lot of energy. We welcome anyone, 18 years of age or older!

The election of a new Board will be held at our AGM on May 26, 2021. If you are interested, drop us a note and tell us about yourself. We will be expanding the Board to allow for three additional directors this year. Please come join us!

Contact us at rha.executive@gmail.com



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Bough Beeches *Revisited*



In November 2020, Rockwood residents emphatically rejected permanent physical traffic calming, or speed bumps, on Bough Beeches Blvd. Residents asked for options, but at that time, the proposal was not negotiable. As the safety issues were not resolved, the RHA asked the Councillor to bring forward some alternate solutions.

We were happy to receive the following action items from Councillor Fonseca as listed below in Section 1, 2 & 3.

“SECTION 1

(Bough Beeches Blvd. – Rathburn Rd East to Fieldgate Drive)

- A. Digital Speed Board – placed in section along hydro corridor – could be placed at Beechknoll Ave. or Claypine Rise
- B. Raised pedestrian crossing at hydro corridor (will be installed when hydro corridor is finished to align with hydro corridor trail)

C. Edge lines (centre yellow line and white edge lines to be painted once the road is resurfaced). Edge lines are not bike lanes and do not impact on street parking.

D. Strategically placed Please Slow Down signs – residents can request from my office or by calling 3-1-1 to arrange pick up at the Mavis Yard

SECTION 2 - (Bough Beeches Blvd - Fieldgate Drive to Rathburn Rd. East)

- A. Digital Speed Board – could be placed at Hartfield Grove or along the stretch between Poltava Cres (north) & Poltava Crescent (south)
- B. Stop signs at Poltava Cres (northern) and Poltava Cres (southern) – residents are asked to fill out the on-line petition.
- C. Strategically placed Please Slow Down signs.

SECTION 3 - (Bough Beeches Blvd.- Rathburn Rd. East to Burnhamthorpe Rd.)

- A. Digital Speed Board somewhere between Ottwell Crescent & Maple Ridge Drive
- B. Seasonal (April to November) bollards along centre line
- C. Strategically placed Please Slow Down signs “

Residents are invited to have their say at RHA's Annual General Meeting on May 26” RW

Have a Happy
& Safe
Summer!

From your Member of Provincial Parliament

Kaleed Rasheed, MPP

Mississauga East-Cooksville



Ontario

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DANGER on the Creek Bank

When a resident brought forward the issue of the danger along the creek last fall, the RHA went to work. After back-and-forth discussions with the Toronto Regional Conservation Authority (TRCA) and the City, Mississauga Parks finally took action.

At the community safety meeting on April 27th, parks announced that signage would be going up along the trail to advise users of the danger. If you are aware of an entrance point with no signage, please send a message to: RHA.executive@gmail.com

AIRPORT Update



We have added relevant airport news and updates to our website to keep

you informed as to what is happening at the Toronto Pearson Airport. These will be posted and updated on RHA's home page: rockwoodvillage.ca

Three meetings were held on April 13, 14 and 15. The first was for political attendees. The second was for ratepayer and community organizations such as the RHA. The last was an open invitation to residents, and several Rockwood residents attended. If you are interested in what is happening at the airport, you will find links on our website to connect you to the material presented at these meetings.

We are still looking for a resident to be our eyes and ears for airport issues. If you are interested in what is happening at Pearson, let us know. We would appreciate a watchdog! **RW**

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together and
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**Safe
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Stay Updated On the Rathburn/Ponytrail Integrated Project



Staff are preparing for an early June Virtual Public Information Session (PIC) to address residents concerns from the first PIC and to highlight safety benefits.

Details on the PIC will be shared with the RHA, posted on the Project website, on my www.chrisfonseca.ca and in my regular E-Updates.

Chris Fonseca
Ward 3 Councillor

For more information on this project, please go to www.chris.fonseca/rathburn-rd-ponytrail-dr-integrated-project or to www.mississauga.ca.

Please feel free to e-mail my office at chris.fonseca@mississauga.ca or call 905-896-5300

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